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## About CDHAF

The Christopher Douglas Hidden Angel Foundation's mission is to enrich the lives of individuals with cognitive and physical impairments through the use of Multi Sensory Environments in therapeutic recreation and education. Productivity, inclusion, independence and self-determination all can be fostered in Multi Sensory Environments. The more autonomy individuals with disabilities gain, the fewer supports they need —leading to improved community involvement, enriched quality of life, and improved health and social well-being.



The Christopher Douglas  
Hidden Angel Foundation  
2120 Banbury Road  
N. Vancouver, BC V7G 1W6  
phone: (305) 458-9335  
fax: (205) 594-4485  
email: [sfornes@cdhaf.org](mailto:sfornes@cdhaf.org)



## The Hidden Angel Foundation and \_\_\_\_\_ Presents:

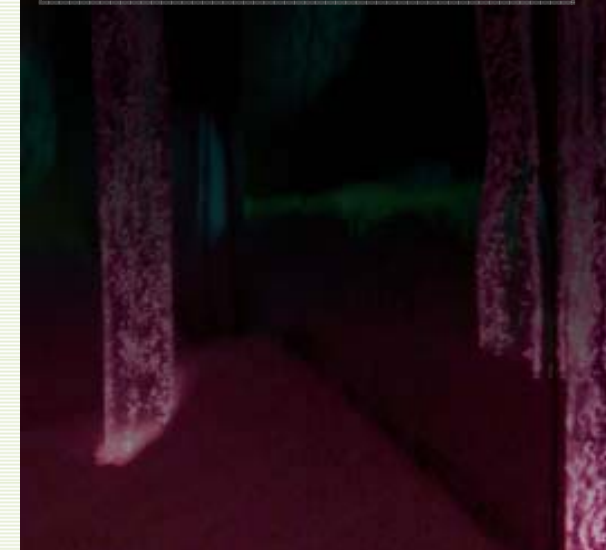
A Series of Informative Evenings with  
Ad Verheul, and Multi Sensory  
Environments

Vancouver: Monday – July 13, 2009

Calgary: Tuesday – July 14, 2009

Montreal: Wednesday, July 15, 2009

Toronto: Thursday, July 16, 2009



## Ad Verheul

Join us for an evening information session with keynote speaker Ad Verheul, founder of Multi Sensory Environments, as he presents on the benefits of Multi Sensory Environments. Ad Verheul has been working at the Center De Hartenberg, an institute for people with severe intellectual disabilities, since 1973. The Center is part of 's Heeren Loo Zorggroep, a leading Dutch organisation in mental healthcare. Ad started as a therapist and in 1974 he and his colleague Jan Hulsegge, a music therapist, defined the concept of Snoezelen (MSE). Since 1980 Ad Verheul has been the organiser and main spokesman of seminars on the subject of Snoezelen worldwide. Currently Ad Verheul acts as senior advisor to the management of the centre De Hartenberg and advisor for special projects. He organises seminars and courses in Snoezelen and special activities for people with severe intellectual disabilities at the centre De Hartenberg in the Netherlands and in many other countries. He is working closely together with Krista Mertens, professor at the faculty of "Rehabilitationswissenschaften" (rehabilitation sciences) of the Humboldt University, Berlin, Germany.

## What are Multi Sensory Environments?

A *Multi Sensory Environment (MSE)* is a dedicated space or room where multi sensory stimulation is used to improve brain activity in individuals with cognitive challenges and other disabilities. These rooms are designed with two goals in mind: to promote intellectual activity and to encourage relaxation. These controlled environments are packaged for active or passive interaction, and matched to fit the perceived motivation, interests, leisure, relaxation and/or educational needs of the user.

### Multi Sensory Environment Rooms Include:

- Lighting effects
- Sensory activities
- Tactile experiences
- Cause and effect
- Soft play items
- Sound effects
- Selected rhythmical music
- Tasting experiences
- Vestibular swings & proprioception orientation

## Who can benefit from these MSE environments?

Research has shown that Multi Sensory Environments can improve the health, social well-being and quality of life of persons with severe and profound intellectual disabilities, and of the elderly.

### Benefits individuals with:

- Autism
- Cerebral Palsy
- Profound multiple disabilities
- Developmental disabilities
- Chronic Pain Syndrome
- Hearing Impairment
- ADHD (Attention Deficit Hyperactivity Disorder) and ADD (Attention Deficit Disorder)
- Pervasive developmental delays
- Mental dysfunction
- Brain injury
- Stroke
- Coma
- Alzheimer's and Dementia



## Registration

Please complete the registration form below or register online at [info@cdhaf.org](mailto:info@cdhaf.org)

Please indicate the session you are attending:

**Vancouver** Monday, July 13, 2009 | 6:30pm – 8:30pm  
Location:

**Calgary** Tuesday, July 14, 2009 | 6:30pm – 8:30pm  
Location:

**Montreal** Wednesday, July 15, 2009 | 6:30pm - 8:30pm  
Location:

\*note this session will be presented in English

**Toronto** Thursday, July 16, 2009 | 6:30pm – 8:00pm  
Location:

First Name \_\_\_\_\_  
Last Name \_\_\_\_\_  
Address \_\_\_\_\_  
City Province \_\_\_\_\_  
Postal Code \_\_\_\_\_  
Phone ( ) \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
Company/Organization \_\_\_\_\_  
Number of Tickets \_\_\_\_\_ x \$30.00 = \_\_\_\_\_

### Payment Method

Cheque / amount enclosed (*please make cheques payable to Christopher Douglas Hidden Angel Foundation*)

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